

ADULT WORKSHOP THE ASKABLE

Get yourself ready for 'the talk'

*Have you
how to talk about
reproduction with
struggled to find
words to address
surrounding sexual
worried about what
appropriate to
age?*

**IN THIS
TWO HOUR
GEARED
PARENTS AND
CAREGIVERS,
DISCUSS:**

- *How to
discussions
share
kids in a*



*ever wondered
sexuality and
your children,
the right
tough questions
health, or
was
share at what*

**PRACTICAL
WORKSHOP,
TOWARDS**

WE WILL

*begin
and how to
information with
clear and*

understandable way

- *What kind of sexual health information is needed at various ages*
- *Strategies to handle questions*
- *What kinds of words to use*
- *How to discuss feelings, emotions, and family values*
- *How to explore your own personal beliefs around sensitive topics*

Jessica Wollen (pictured below) is a teacher, Certified Sexual Health Educator and founder and CEO of Shift Education. She has over 16 years of experience teaching both typical and diverse learners and has become known for her sense of humour and ability to stimulate much-needed conversation surrounding body-science, sexual health and healthy relationships.

November 13, 2018

Happy Corner Preschool

7:00 - 8:30PM



If you have questions please contact us at jessica@shift-education.com or learn more about who we are at www.shift-education.com.